

2022

## Stan Anderson's Camp Shutout

[www.campshutout.com](http://www.campshutout.com)

**SUBJECT:** OFFICIAL Pre-camp information letter - posted on [www.campshutout.com](http://www.campshutout.com)

Hello Camp Shutout GK's,

First and foremost THANK YOU for choosing Camp Shutout as your training ground for summer 2022!

This letter will serve as a notice of what to bring and how to mentally prepare for Camp Shutout.

**BEGINNING AND ENDING SCHEDULE:**

Sunday (3:00-5:00 pm) thru Friday (12:00 pm) for YOUTH

Sunday (3:00-5:00 pm) thru Friday (8:30/9 pm) for ADVANCED

Camp Week: Sunday, July 17th - Friday, July 22nd, 2022

**ARRIVAL ADDRESS:**

Sunday, July 18th, 2022 between 3:00 and 5:00 pm

Holiday Inn

1001 Amber Ave

Stevens Point, WI 54482

**TRAINING ADDRESS:**

PCYS Complex

701 Badger Ave

Stevens Point, WI 54482

**DROP OFF:**

Parents should drop off keepers and gear at Holiday Inn

**CHECK-IN PROCEDURE:**

Upon check-in each keeper will receive:

Shirt, notebook (Please remember to bring a pumped-up soccer ball to Camp Shutout)

**BALANCE:**

Should you have an outstanding balance for Camp Shutout please pay via check at registration or via Venmo @marypanderson (1775) or via PayPal marypanderson@gmail.com or send a check in advance to Camp Shutout PO Box 085712 Racine, WI 53408 - payable to Camp Shutout

**FIRST DAY SCHEDULE:**

3:00-5:00 pm Arrival and check-in

5:00 pm Keeper, staff and parent (optional) orientation at Holiday Inn/Staff introduction/meal

6:00 pm Assessment at PCYS Complex

8:30 pm Return to Holiday Inn

9:00 pm Staff and GK meeting

10:30 pm Lights out

**FINAL DAY SCHEDULE (Friday):**

9:00-11:30 am On field for final session (YOUTH)

12:00 pm YOUTH awards and then YOUTH GKs head home with parents

1:00-3:00 pm ADVANCED on field for start of TKW

6:00-8:30/9:00 pm ADVANCED TKW and awards. ADVANCED GKs head home. Out-of-state GKs are allowed to stay at the Holiday Inn (staff present) to travel home on Saturday.

ALL GKs OUT OF HOLIDAY INN BY 11:00 AM ON SATURDAY.

**ROOMMATE REQUEST:**

We have received many roommate requests...we are doing our best to fill them based on room availability. 4-to-a-room is our standard practice. If you have a request, please send it to Mary at marypanderson@gmail.com by end of day on Sunday, July 10th.

**CONTACT NUMBERS DURING WEEK:**

Stan's cell/Emergency phone: 414-313-3477

Mark Cole/Sports Medicine contact: 414-690-4011

**TWITTER/INSTAGRAM:** For up-to-the minute Camp Shutout updates, follow Stan Anderson on Twitter: [@campshutout](https://twitter.com/campshutout) and [@soccer\\_coach](https://twitter.com/soccer_coach), and Instagram: [@camp\\_shutout](https://www.instagram.com/camp_shutout)

**SOCCER GEAR:**

Our training surface will include numerous/plush natural grass fields. Thus it is best to bring: Goalkeeper gloves, soccer boots, running shoes and/or indoor shoes, shin guards, socks, skids or compression shorts, shorts, training pants if desired, short sleeve training T's, long sleeve training T's if desired, bag for gear, any other training gear you prefer to train in.

**SOCCER BALL (donation):**

It is tradition, and will continue to be tradition, for Camp Shutout GKs to bring a nice soccer ball to Camp Shutout and then, at the end of the week, we donate these soccer balls to a third-world country or even to areas of need within the state/region. This program is optional...simply leave the ball at the end of the week or take it back home with you. Additionally this year, we will have a table dedicated to Project One Goal (IG: [@project1goal](https://www.instagram.com/project1goal)) where you can donate gently worn boots and medium/heavy use sports bras.

**HOTEL/LINENS ET AL:**

Linens are provided at the Holiday Inn. However, you may wish to bring soap, toiletries, blanket, additional pillows, FAN, comfortable but presentable hotel attire, alarm clock, etc. We also ask that you please maintain your hotel room like a young professional.

**MICROWAVE/REFRIGERATORS:**

Will be available in each room.

**MEALS:**

Meals will be provided at Holiday Inn and at the PCYS Complex. We do have some sponsored meals that will be provided. Meal times are approximate:

Breakfast/7:00-8:00 am Lunch/12:00-1:00 pm Dinner/5:00 pm

**SPONSORED MEALS:**

We have listened and have lined up some great food away from the hotel. Qdoba, Arby's, and Polito's Pizza will be providing a break from hotel food.

**LATE NIGHT PIZZA:**

We are working with Polito's Pizza for those interested in late night pizza. Details on site.

**TRANSPORTATION:**

**BEFORE:** (flying) - For those flying into Camp Shutout, please notify us of your flight plans on our [travel accommodations page](#), so we can help arrange pick up. Lauren Ellis (lauren@campshutout.com) is your transportation connection.

**DURING:** (car) - There will be no driving by campers during the Camp Shutout week. Keys will be held by Camp Shutout staff.

**PARKING:**

Parking will be provided in the Holiday Inn lot. Camp Shutout is not responsible for lost or stolen articles from vehicles at the Holiday Inn (please remove valuables).

**COMMUTERS:**

Although we highly recommend that each keeper spend the entire week with us as there is plenty to learn on and off the field, a few local keepers will be commuting. It is imperative that staff is aware of when you will be departing and returning for each session.

**LATE ARRIVALS/EARLY DEPARTURES:**

For those that will be arriving late or are leaving Camp Shutout earlier than Friday please notify Mary at marypanderson@gmail.com and Lauren at lauren@campshutout.com. We want to be prepared for you so your week will be seamless.

**LODGING:**

Many parents have asked about lodging during the week. The Holiday Inn has a select few rooms available during the week/weekend. Holiday Inn Phone: (715) 344-0200

**TRAINING WEEK HIGHLIGHTS (TENTATIVE AND SUBJECT TO CHANGE):**

- **Sunday:** Opening video, Talent and skill assessment
- **Monday:** First group training day
- **Tuesday:** Group training day
- **Wednesday:** Group training day, massage night (tentative)
- **Thursday:** Individual and group competitions, massage night (tentative)
- **Friday:** Final session for younger keepers, awards, departure from PCYS or hotel. Friday afternoon session (1:00-3:00 pm) TKW starts for ADVANCED GKs. Friday evening (6:00-8:30/9:00 pm) camp concludes on stadium, awards, departure from PCYS.

**MESSAGE NIGHT (TENTATIVE):**

The goalkeeper position requires a different skill set than a field player. With that, the goalkeeper's body takes a physical punishment due to getting up in the air and a second later hitting the ground. Breakaways, close-range shots and general athletic displays that require split-second decisions. With all of that being said, we bring in Certified Masseurs on Wednesday or Thursday night that will give massages at the field as the sessions are underway. \$15 (cash preferred) is needed for a massage.

**BEST SESSIONS TO VIEW:**

Although you are welcome to attend any time...the best sessions to view are the competition sessions. These will generally take place in the evenings. The very best sessions to make are Thursday night (6:30-8:30 pm) and Friday morning (9:00 am - 12:00 pm) for the YOUTH GK, Friday afternoon (1:00-3:00 pm) and Friday evening (6:00-8:30/9:00 pm) for the ADVANCED GK.

**SPORTS MEDICINE:**

Lead: Mark Cole 414-690-4011

**RULES:**

Common sense is the main rule...other rules will be covered at orientation.

**SPONSORS:**

Please thank and visit our sponsors when you can:

Official Ball Catcher - Keeper Goals • Official Burrito - Qdoba • Official Gear - HPG Goalkeeping • Official Hotel - Holiday Inn

**ADDITIONAL SPONSORS:**

Arby's • Crazy Catch • Polito's Pizza • Subway

**GLOVES:**

Support Ukraine HPG Gloves for 2022. Unique/4MM/negative cut/extended wrist/wear zone/blue and yellow/HPG gloves will be available on site for \$89.

**STAFF:**

Proudly I proclaim our staff to be the best in the country. It is not easy to become a staff member at Camp Shutout. Each member is chosen for their ability as a goalkeeper but more importantly their ability to teach. Get the most out of them this week...they are here for YOU!

Thanks!

Stan

Camp Shutout Founder/Owner

Twitter: [@soccer\\_coach](#) [@campshutout](#)

Instagram: [@camp\\_shutout](#)